

## KEEP CHILDREN SAFE IN WATER

Simple precautions can save a life



- ❖ A child can drown in as little as **5cm** of water
- ❖ In 2015 **32** children drowned in the UK
- ❖ Children need to be supervised **at all times**



As the school summer holidays begin, and the temperatures continue to soar, many children will want to cool off in the water.

Wherever there is open water, there is possible danger of drowning. Minimise the risk of accidents by taking some precautions.

**SUPERVISION** - parents and carers must ensure children of any age are adequately supervised at all times by an adult in or near the water, including baths, garden ponds and swimming places.

**COVER UP OPEN WATER** - all sources of water can pose a risk of drowning. A child can drown in as little as 5cm of water. Reduce the risks both at home and while on holiday:

- ✓ Ensure ponds are covered or fenced off
- ✓ Secure access to outside space or garden areas
- ✓ Cover up drains and water storage devices
- ✓ Empty out baths, paddling pools and buckets immediately after use.
- ✓ **NEVER LEAVE A CHILD UNATTENDED AROUND WATER**

**SWIMMING LESSONS FOR CHILDREN** - children and young people should be encouraged to learn to swim and to understand the risks posed by water. Swimming should be undertaken in lifeguarded facilities.

Remember the above mentioned precautions should be taken whilst at home, visiting friends and relatives, or on holiday.

For more information on water safety, please click on the link below

<https://www.rospa.com/leisure-safety/water/advice/children-young-people/>

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